

**TECHNOLOGY GUIDELINES**  
**EVHS - - WELLNESS**  
**2009-2010**

- ✓ All word-processed documents should be completed in Microsoft word in order to be emailed to your teacher.
- ✓ Word-processed documents should always be double-spaced, 12 point font, with 1" margins. A header should be found in the right-hand corner of the document, and it should include the student's name, course hour, and assignment title.
- ✓ Use Mrs. Arnold's webpage for worksheets, calendars, and due dates! (<http://www.district196.org/evhs/people/arnoldjjweb/>)
- ✓ All assignments must be attached to an email when sending it to your teacher. Emails with assignments that have been copied and pasted into the message box will be returned. Check with your email provider (or see me) for directions on how to attach a file.
- ✓ Student email addresses should be professional and appropriate for school. An appropriate email clearly identifies the sender (first name, last name, initials, etc.). Students' should create an email account specifically for school if their current account does not clearly identify who they are or represents them inappropriately.
- ✓ All teacher email addresses can be found on the Eastview webpage at [www.district196.org/evhs](http://www.district196.org/evhs). Go to "People", hover over "Staff Pages" and select either "By Department" or "By Name" to find your teacher's webpage and/or email address.  
FYI - - My email is: [Jessica.Arnold@district196.org](mailto:Jessica.Arnold@district196.org)
  - All emailed items should include a subject line that clearly identifies the reason for writing.
  - All emails should be professional in nature, including complete sentences and no abbreviated language.

**EXTRA CREDIT OPTIONS - - DUE BY: \_\_\_\_\_**

**You may do a MAXIMUM of 2 choices. Each choice is worth (if well done) is worth .5% added to your final grade - - meaning you can earn a maximum of 1% added to your final grade.**

1. Bowling for Columbine Questions: See me for a list of questions BEFORE watching the movie/documentary.
2. Watch one of the following movies WITH a parent/guardian and type up a 1+ single spaced reaction to it. The first ¼ - ½ page should be a summary of the movie. The rest should be a reaction to it. This may include commentary on what you liked and disliked, what you learned and/or found interesting, what part(s) moved you or had a particularly large impact on you, relate it to your life/community, relate it to what we have discussed in class, and any questions you might have after viewing it. Have your parent(s) sign the paper saying you watched the movie together.
  - 1) Seven Pounds
  - 2) Beautiful Mind
  - 3) Traffic (war on drugs)
  - 4) Sybil (Schizophrenia)
  - 5) The Insider
3. Go to the site <https://implicit.harvard.edu/implicit/> and follow the directions as shown to you in class.
  - a. Print your results page
  - b. Type up a 1+ single spaced reaction/reflection...what did you think about the test, the results, etc.
4. (If we don't read this in class) Read the play, "Bang! Bang! You're Dead" or "The Boy behind the Mask"; then type a 1 ½ page single spaced reaction. It should include a plot summary and character description. It should also include your reactions to the play...how realistic is it, what did it make you think about, what did you like and/or dislike about the play, what sort of effect did it have on you, relate it to your life/community, what did you find interesting about it, and any questions you might have after reading it.